



Central PA Physicians Group

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Loop Recorder Discharge Instructions

1. Your incision site will be closed with Steri-Strips. Please do not remove. Steri-Strips will fall off when ready.
2. You may shower in 24hrs after the procedure
 - You may let soapy water run over the incision
 - Do not soak or scrub the incision
 - Gently blot the incision dry with a clean, soft towel
 - Avoid putting powders, creams and ointments on the incision site
3. Monitor site for signs and symptoms of infection:
 - Redness
 - Swelling
 - Pain
 - Temperature (fever) greater than 101 °F
 - Drainage from insertion site
4. You may drive following the procedure **unless otherwise directed by physician.**
5. Avoid strenuous activities such as lifting heavy objects, vigorous push-pull movements, above-the-shoulder activities and overhead reaching and stretching until follow up appointment.
6. Please call our office with any questions or concerns @ 814-201-2309 or call 911 if emergent.

1 week follow up appt: _____

